

SPA & RELAX CENTRUM

WRAPS (20 minutes)

• Partial peaty wrap

380 Kč

- Relaxes muscles and removes the pain)
- Provides pleasant warmth and quick pain relief.
- Used for back pain, joint pain, arthrosis and rheumatism.

PARAFIN HAND WRAP AND HAND MASSAGE

Paraffin wraps are a procedure that combines health and aesthetic effects. They have a beneficial effect on the nervous system and provide protection for the small joints, improving the condition of the joints during arthrosis. The heat improves the blood flow to the skin and has a positive effect on improving the regeneration of muscle spasms. The hands are very well rested after the wrap, which also leads to a high cosmetic effect leaving your hands smooth and velvety.

Price for 20 minutes: 390 Kč

Package „LIGHT LEGS“

Foot care improves blood and lymphatic circulation, relieves stress, relieves foot fatigue, pain and tension, which induces a feeling of inner peace and harmony.

- Relaxing herbal bath - relaxing and refreshing bath cools pleasantly while softens and moisturises the skin. It soothes and refreshes tired feet, protects them from excessive sweating, burning and mold.
- Peeling of legs with citrus salt - the fine crystals of the peeling salt remove the remnants of dead skin and at the same time lightly massage. Refreshing citrus add new energy and stimulate the mind, add freshness and vitality. The result will be smooth and silky skin.
- Relaxing foot massage - improves blood and lymphatic circulation, relieves stress, deprives pain and tension of legs. This almost miraculous massage evokes a feeling of inner peace and harmony.

Price for 50 minutes: 1 200 Kč

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BODY TREATMENT

Rituál Spa – SPORT

This spa treatment is a complex ritual which leads to vital relaxation not only for men. This treatment is suitable after sport and as preparation for sports performance.

1. step

Soft aromatic ice scrub with a mint is composed from brown sugar, salt and Mediterranean essential oils. This scrub purifies the skin, releases deep-seated toxins and removes dead cells. The skin becomes like velvet.

2. step

Intensive mountain bath is composites from 7 herbs. Treat yourself to a relaxing sensation with a bath which has a musky scent and brings real pleasure (20 minutes).

3. step

Aromatic full-body sport massage by nature bio oil with aromatic oil of your choice (50 minutes).

Price for 90 minutes: 1 900 Kč

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Rituál Spa – From EGYPT

This spa ritual will take you on a journey of relaxation and release. This journey takes place in 3 steps, during which you indulge in exotic scents and enjoy the whole spa ritual to the maximum, which awakens all 5 senses in you and takes you to another world.

1. step

The spa ritual begins with a scrub which remove toxins from your skin. Your skin becomes soft, smooth and prepared for next treatment.

2. step

The journey continues with aromatic Cleopatra bath which fragrant your body and soul with scent of rose. Your mind is detached from all the worries and will be absorbed in the endless release.

3. step

This is followed by a relaxing and unwind full body massage born from Polynesian culture. This traditional massage is slow-paced, yet works deep into the muscles and mind.

Price for 90 minutes: 1 900 Kč

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SPA & RELAX CENTRUM

The relaxing bath

Thanks to the high proportion of essential oils, the bath will give you a unique relaxing experience that will enrich your body and senses.

- **Eucalyptus** – has an anti-inflammatory effect - influenza, sinusitis, rheumatism
- **Anti – stress with melissa** – indian lemon balm oil soothes and relaxes the whole body and mind, fists the skin, helps with migraine, removes problems with falling asleep
- **Peat** – regenerative bath, affects body and mind. Active substances and minerals relax muscles and tissues, promote regeneration and healing
- **Mountain** – bath from 7 herbs (lavender, mint, chamomile, nettle, thyme, hay flowers, sage) strengthens and stimulates human organism, promotes mobility and regeneration of muscles

Price for 20 minutes: 550 Kč

RELAXATION MASSAGE WITH LAVA STONES

Relaxation induced by massage strokes, rythm and the power of the stones. The strokes are slow, balanced, and spiral wave-like which induces total relaxation and perhaps even a lightly hypnotic, uplifting trance.

Price for 50 minutes: 1 200 Kč

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MASSAGES

Partial Massage (shoulders, nape, back)

- Classic sports massage
- Anti – stress massage with aroma oils

Price for 25 minutes: 600 Kč

Total Massage (back, shoulders, nape, legs)

- Classic sports massage
- Anti – stress massage with aroma oils

Price for 50 minutes: 1 100 Kč

INDIAN ANTISTRES MASSAGE

Indian head massage with rosemary tincture focuses on relaxing the muscles of the shoulders, neck and head.

It is referred to as anti-stress because it relieves head and eye pain, relieves movement of the shoulders and neck, improves blood flow and helps lymph flow.

Massage supports hair growth and improves their quality.

Price for 25 minutes: 600 Kč

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SPA & RELAX CENTRUM

FULL-BODY ANTI-STRESS RITUAL with Spanish natural cosmetic ALQVIMIA

A holistic ritual that provides the pleasure of complete physical relaxation and helps you regain psychological balance.

Thanks to the unique combination of essential oils with anti-stress effects, it brings back a feelings of comfort and harmony.

After the treatment, the skin becomes hydrated and detoxified.

1. **Gentle full-body peeling** with a mixture of Dead Sea salts and special oils
2. **Full-body wrap made from** seaweed and anti-stress essences by Alqvimia for relaxation of body and mind
3. **Head massage with rosemary tincture** – immuno-stimulating, revitalizing and energizing effects
4. **Full body relaxing aroma massage with soothing oil**

Key product of the treatment: ANTI-STRESS body oil

Ingredients: lavender and marjoram oil. The composition is complemented by citrus fruits known for their ability to stimulate serotonin production

Effects of the oil: a relaxing body oil that reduces psychological and physical effects of stress. It is especially suitable for people suffering from tension, anxiety and insomnia.

Price for 90 minutes: CZK 2 200

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SPA & RELAX CENTRUM

RITUAL OF QUEEN CLEOPATRA

A sensual ritual of beauty and health which thanks to precious oils of myrrh and frankincense restores the skin's softness, suppleness and youthful glow. It combines rejuvenating facial treatment with aromatherapeutic body care.

The ritual provides a perfect sensory experience that enhances a woman's self-confidence and sense of attractiveness.

Queen Cleopatra Ritual Treatment – body and face

Using Spanish natural cosmetics ALQVIMIA

Discover the secrets of alchemy in this unique ritual for the beauty of the body and harmony of the soul. The treatment uses only pure natural products made according to the laws of alchemy rituals of Egyptian queens.

1. **Gentle full-body peeling** using a mixture of Dead Sea salts and special oils
2. **Full-body wrap** made from seaweed and exotic essences for rejuvenation, detoxication and skin hydration
3. **Complete facial treatment**
 - Gentle cleansing of the face with Ylang-Ylang emulsion and rose blossom toner
 - Facial massage with special oils that nourish the skin
 - Application of a lifting mask made from seaweed that smooths wrinkles and perfectly treats the facial skin.
4. **Full-body relaxing aroma massage** for a feeling of rebirth

Ingredients of oil: almond oil, essential oils of frankincense, myrrh and petitgrain

Effects of the oil: hydrates and deeply nourishes the skin and is excellent for combating skin aging. It prevents the loss of skin tone and the formation of wrinkles, leaving the skin velvety smooth. It has healing properties. On an emotional level it enhances self-confidence and helps maintain balance and inner harmony.

Price for 120 minutes: CZK 2 900

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SPA & RELAX CENTRUM

Ritual Body Treatment of Queen Cleopatra with Spanish natural cosmetics ALQVIMIA

Discover the ritual that pampered and cherished
the body of Queen Cleopatra herself.

1. **Gentle full-body peeling** made from a blend of Dead Sea salt and special oils
2. **Full-body wrap** made from seaweed and exotic essences for rejuvenation, detoxification and skin hydration
3. **Head massage with rosemary tincture** – immuno-stimulating, revitalizing and energizing effects
4. **Full-body relaxing aroma massage** with a special oil prepare according to Cleopatra's own recipes.

Key product of the treatment: QUEEN OF EGYPT BODY OIL

Effects of the oil: The oil hydrates and deeply nourishes the skin, it is excellent for combating skin aging. It prevents loss of skin tone, reduces the occurrence of wrinkles and leaves the skin velvety smooth. It has healing effects.

On an emotional level it enhances self-confidence and helps maintain and inner harmony.

Price for 90 minutes: CZK 2 200

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Ritual Treatment of Queen Cleopatra - face

The world of beauty is fascinating, although it sometimes seems bound by a web of trivialities. Alqvimia strives to return to beauty its depth, intensity and strenght. Alqvimia does not aim to create superficial or impersonal beauty. It creates a new Beauty, one given by the absolute transformation of femininity.

Beauty is sacred.

Complete Facial Treatment with Natural Cosmetics Alqvimia

- Gentle facial cleansing with Ylang Ylang emulsion – a cleansing emulsion with fruit acids that gently removes makeup and dead skin cells, softens the skin and enhances the absorption of active ingredients.
- Final cleansing with a facial toner made from rose blossoms.
- Facial peeling – a gentle 100% natural peel containing natural exfoliating substances from walnut shell and coconut.
- Facial massage with special oils that nourish and hydrate the skin (wheat germ oil, petitgrain, rejuvenate serum).
- Application of a lifting mask made from seaweed, which smooth wrinkles and perfectly treats the skin of the face.

Price for 60 minutes: CZK 1 600

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