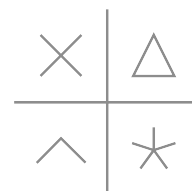


# Spa Menu

## Massages



### **Classic Massage | *Klasická masáž***

One of the oldest, most widely used and most popular regenerative treatments. Regular massage is an excellent complement to any physical activity. It improves performance by strengthening muscle resilience and reducing side effects such as stiffness and pain. Classic massage accelerates muscle recovery after physical exertion.

25 min 990 CZK

55 min 1690 CZK

75 min 1890 CZK

### **Relaxing Foot Massage | *Relaxační masáž nohou***

Foot massages were already considered a medical practice in Ancient Egypt. This treatment restores energy to parts of the body that are heavily strained. The procedure includes a foot bath with herbal essences and a massage with reflexology elements that help reduce swelling caused by overload. At the same time, it relieves tired feet, bringing an immediate feeling of lightness.

25 min 990 CZK

55 min 1690 CZK

### **Customized Massage | *Masáž na míru***

A massage experience where you decide which areas the therapist will focus on is undoubtedly one of the most intense. Each of us knows our body best and understands its current needs. Treat yourself to a fully customized massage. It is also suitable for pregnant women.

25 min 990 CZK

55 min 1890 CZK

75 min 2090 CZK

### **Hot Stone Massage | *Masáž lávovými kameny***

Hot stone massage is one of the most effective therapies for overall relaxation and body regeneration. The intense warming of muscles accelerates their recovery. The massage is performed using heated lava stones and aromatic oil. The combination of warmth, touch and fragrance places this treatment among the queens of massages.

75 min 2090 CZK

### **Massage for Our Young Guests**

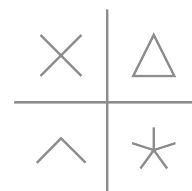
#### ***Masáž pro naše dětské hosty***

A gentle massage focused on relaxation, calming, improving overall well-being and supporting healthy sleep for children. Our young clients are massaged with gentle almond oil suitable for sensitive skin, enriched with fruity and citrus oils to calm the mind. The procedure is performed in the presence of parents and is suitable for children aged 4 to 14.

25 min 890 CZK

# Spa Menu

*Special Body Rituals*



## **Stress Fighter Ritual | *Rituál Stress fighter***

This ritual is ideal for those seeking an escape from everyday stress and a moment of indulgence. Treat yourself to a unique experience that revitalizes your body, refreshes your mind and leaves you with a deep sense of relaxation and renewal.

90 min 2690 CZK

120 min 2990 CZK

Designed to completely relieve stress and revitalize body and mind, the experience begins with a full-body salt peeling that gently removes dead skin cells. During the ritual, you will also enjoy a relaxing head massage that calms the mind and releases tension. To achieve perfect harmony and peace, the ritual continues with a full-body aromatherapeutic massage using high-quality essential oils by Alqvimia. Carefully selected for their beneficial effects, these oils penetrate deeply into the skin and promote relaxation, regeneration and an overall sense of well-being.

## **Royal Ritual Svatý Vavřinec**

### ***Královský rituál Svatý Vavřinec***

Our wellness offer is concluded with the Royal Ritual, which rightfully ranks among the most luxurious comprehensive relaxation experiences.

The ritual includes a full-body peeling using sea salt and a luxurious oil based on almond oil. This is followed by the application of a nourishing seaweed body wrap.

90 min 2990 CZK

120 min 3290 CZK

During the wrap, the therapist performs a facial massage using wheat germ oil, a powerful antioxidant and a rich source of vitamin E. This oil nourishes the skin, reduces wrinkles and signs of premature aging. A head massage with rosemary tincture helps relieve scalp tension and stress that can cause headaches and hair loss.

The ritual continues with a full-body aromatherapeutic massage focused on anti-aging or anti-stress effects, according to your individual needs and preferences. The ritual is performed using Alqvimia products, one of the most renowned brands of exclusive, purely natural cosmetics, based on the traditional principles of alchemical wisdom and harmony of body and mind.